

MOVING ON SUPPORT SCHEME

This is a new scheme which has been developed and supported by:

- * Age Concern Eden
- * Eden Community Alarms
 - * Eden Carers
 - * Eden Mind

WHAT DOES MOSS DO?

Supports people, who due to life circumstances,

- * have become socially isolated and vulnerable
- * have lost the social and support networks many take for granted

HOW DOES MOSS HELP?

By enabling people to become:

- * More confident
- * More independent
- * More able to develop their own social and support networks

MOSS OFFERS....

A Case Study:

Befriender Ann says:- "I was a severe agoraphobic living in a very rural location, spending 24 hours in my home. I only ever went out at Christmas for dinner with friends. When I met June my self esteem and confidence was very low. But finding someone who understood, was like winning the lottery" A trusting relationship has developed between Ann and June. Ann now drives her car, something she hasn't done since she was 17.

Befriender June says "it's about being there for someone. I could offer support and encouragement which was invaluable."

HOW IS MOSS ACCESSED?

People wishing to use the service should:-

- ◆ Be over 18 years of age and live in Eden
- ◆ Be known to and referred by one of the partner organisations
 - ◆ Meet set eligibility criteria
- ◆ Complete a MOSS assessment process
- ◆ Want to make a change and identify goals that they will achieve with their befriender

MOSS BEFRIENDEES ARE SUPPORTED...

By Volunteers who:-

- ♥ Follow a recruitment process
- ♥ Receive on going training
- ♥ Have Criminal Records Bureau clearance
- ♥ Follow a Code of Conduct

By the Scheme Co-ordinator who:

- ♥ Ensures that volunteers receive regular support/supervision and training
- ♥ Ensures that volunteers adhere to the Policies, Procedures and Guidance of Eden Mind and MOSS
- ♥ Will remain in regular contact with the befriender throughout the relationship

FIND OUT MORE

Contact:

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OR



Visit the website

www.edenmind.org.uk

Thank you
for your interest



M o v i n g o n S u p p o r t S c h e m e

A Befriending Service

Across Eden

MOSS is a collaborative project between



MOSS is Funded by Defra's Rural Social & Community Programme